

Mental Health Assistance Plan

2019-2020

Ocean Studies Behavioral Approach

As a school founded on Montessori ideals, we believe that every person deserves respect. Our goal is to establish a safe, warm, and caring environment where we teach students positive and appropriate ways to handle conflicts. Cooperation and collaboration are encouraged rather than competition. Ground rules are necessary to establish and maintain an environment conducive to the development of self-discipline, self-control, concentration, and independence. They are responsibilities based on the rights of people in the group to learn and work safely and respectfully.

Establishing a Safe School

A therapist from the Guidance Care Center will be on site for 4 hours every other week to provide any mental health assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses. The therapist from the Guidance Care Center will also coordinate such services with students' parents/guardians, a student's primary care provider, and the student's other mental health providers on an as needed basis. In the event of an emergency or that additional time is needed, the therapist will be contacted and the necessary services will be provided.

The Mental Health Assistance Allocation will be used to pay the therapist from the Guidance Care Center for the services, to purchase any materials needed for assessment and/or counseling, and to provide targeted staff development for school mental health during the upcoming 2019-2020 school year.