



SIGSBEE CHARTER SCHOOL

Mental Health Assistance Plan

2019-2020

**Submitted to: Superintendent Mark Porter
Monroe County School District**

A. Mental Health Allocation Plan

Sigsbee Charter School employs a licensed school counselor onsite as well as a behavior specialist. In addition, there are three licensed Military Family Life Counselors (MFLCs) provided to the school to assist with students' mental health needs.

This support staff provides the following:

- Support in assessing the need for mental health support
- Intervention plans for specific students in the MTSS process
- Individual counseling of students
- Small group counseling
- Whole class lessons on wellness, suicide prevention, anti-bullying and healthy relationships
- Professional development training to instructional and non-instructional staff
- Parent workshops

The school counselor works with the Multi-tiered System of Supports (MTSS) Coordinator to assist staff in identifying students who need intervention based on behavior and/or social-emotional concerns. The counselor monitors intervention and provides assistance to staff on appropriate progress-monitoring.

The counselor also refers students in crisis for immediate mental health screening at the Guidance Care Center (GCC), working with District personnel to ensure that students have access to crisis counselors and immediate assessments.

SCS provides instructional programming at each grade level to help with self-esteem, character education, anti-bullying and health/wellness education. The certified nurse, counselor and trained classroom teachers are available to ensure program goals are met. Examples of programs include:

- Second Steps Character Education
- Organwise
- "An Apple A Day" program provided by the Guidance Care Center
- Middle School Health/Wellness guest speakers
- Restorative Practices

B/C. Expenditures/ Expenditure Assurances

The Mental Health Assistance Allocation is used to fund the school guidance counselor and/or the behavior specialist positions at the school. Additionally, funds are used to provide training and resources in creating preventative climates in classrooms. This allocation does not supplant other funding sources, increase salaries or provide staff bonuses.

D. Program Implementation and Outcomes

Students at risk are identified through the MTSS process. The students and/or any related incidents are tracked in the school district's SIS system, Focus. The school counselor and principal monitor interventions, services and assistance.

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