# May Sands Montessori School

a public school of choice 1400 United Street, #110, Key West, FL 33040

Tel: 305-293-1400, Ext. 53418; Fax: 305-328-9005

#### Mental Health & Wellness Assistance Allocation Plan

Schools that seek to educate the whole child must engage in promoting social and emotional development In addition to academic rigor. In its 2012 publication, "Making the Case for Educating the Whole Child" the Association for Supervision and Curriculum Development (ASCD) identified five tenets of whole child education which include an emphasis on developing and maintaining a **healthy lifestyle** in learning environments that provide physical and emotional **safety**, where students are **actively engaged** in learning and are personally **supported** by qualified and caring adults who **challenge** them to excel in academics. The National Association of School Psychologists (2014) advocated for school-based mental health services through a multi-tiered system of supports (MTSS) that includes universal wellness promotion, targeted prevention and intervention, and individual intervention to meet the needs of all students. The passage of Senate Bill 7030 by the 2019 Florida Legislature amends the Mental Health Assistance Allocation (MHAA) and requires all public schools, including charters to increase training of school staff and to enhance school-based mental health services for students.

As an innovative model of education, the May Sands Montessori School offers child-centered learning environments that support pro-social learning and personal development as fundamental components of its design. The school includes regular and varied opportunities for family engagement as a means of improving the school community through communicating expectations of scholarly behaviors, aligning values that model good citizenship, and offering personalized feedback to support the growing child's independence. The school's Mental Health and Wellness Plan utilizes research-based best practices that align with Montessori pedagogy to establish a safe and nurturing environment for all students.

Additionally, the school has coordinated community resources from the Monroe County School District (MCSD) as well as the Guidance Care Center (GCC) to ensure a continuum of support for mental health training, assessment, diagnosis, intervention, treatment and recovery services.

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## **School Plan of Support**

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Item	Timeline	Coordinator	<b>Completion Date</b>
Hire instructional	June/July 2019	School Principal	9 July, 2019
support staff:			
Interventionist for			
student personal			
development, executive			
function			
Confirm community-	June/July 2019	School Principal, Teacher	16 July, 2019
based support for		of Student Supports	
school-based services			
Update school policies	July/August 2019	School Principal, Charter	
and procedures		Board	
regarding student			
referrals for mental			
health screening,			
requirements for school			
safety team			
Conduct all-school staff	August 5-9, 2019	School Principal	
training of the five core			
competencies identified			
by the Collaborative for			
Academic, Social, and			
Emotional Learning			
(CASEL)			
Continue Youth Mental	August/September 2019	School Principal, Teacher	
Health First Aid		of Student Supports	
Training for new			
employees			
Schedule supplementary	August 2019 and ongoing	School Principal, Teacher	
health and wellness	throughout SY2020	of Student Supports,	
instructional		Instructional Program-	
programming with		level Leaders	
community-based			
resources to support all			
students			

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Item	Timeline	Coordinator	<b>Completion Date</b>
All-school staff review	August 2019	School Principal, Teacher	
of MindUp Curriculum	January 2020	of Student Supports	
and confirm continuous	March 2020		
implementation			
throughout SY2020			
Develop topics for	By August 27, 2019	School Principal, Teacher	
Parent Information		of Student Supports,	
Nights as well as a		Instructional Program-	
schedule for SY2020		level Leaders	
*Include supporting			
literature in biweekly			
newsletters			
Schedule monthly	SY2020	Teacher of Student	
Problem Solving Team		Supports	
Meetings with			
Instructional Staff to			
address intervention			
concerns for students			
presenting with			
academic, behavior,			
and/or emotional needs			
Conduct a mid-year	January 2020	School Principal, Teacher	
review of the school's		of Student Supports,	
Mental Health Plan		Program-level Leaders	
Develop an updated	May/June 2020	School Principal, Teacher	
Mental Health Plan		of Student Supports,	
based on feedback from		Program-level Leaders	
SY2020 implementation			

## **Funding Allocation and Expenditure Assurances**

The May Sands Montessori School estimates an allocation of \$4,571.70 for Mental Health

Assistance for the 2020 school year (Erin Williams, personal communication, July 1, 2019). The allocation will help fund a contracted licensed clinician from the Guidance Care Center (GCC) as well as targeted staff

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professional development for supporting improved mental health services at the school. The school's allocation does not supplant other funding sources, increase salaries or provide staff bonuses.

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